

Knowledge and practices regarding hygiene among homemakers of makkasar village of Hanumangarh district

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■ **ABSTRACT** : Poor hygiene practices and inadequate sanitary conditions play a major role in the increased burden of communicable diseases. This study evaluated the knowledge and practices regarding hygiene among homemakers of Makkasar Village of Rajasthan. Hundred homemakers were selected for the study as per systematic sampling method. The data were collected through structured interview scheduled. Majority 95 per cent of the respondents possessed good knowledge regarding personal hygiene whereas 65 per cent of the respondents apply it to practices. Need of purified water and maintenance of water resources was known to 85 per cent of respondents but again they did not have good practices. Regarding food hygiene, 89 per cent of the respondents had good knowledge of food hygiene whereas more than half 56 per cent of the respondents had good practices and 12 per cent of them were practicing food hygiene at poor level.

■ **KEY WORDS** : Hygiene, Knowledge, Practice, Makkasar village, Homemakers

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